

BONATA

CATERING MENU



WHEN LIFE
GIVES YOU
LEMONS,
BRING THEM HERE.
WE LOVE
LEMONS!



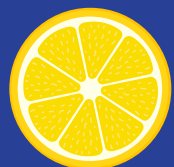
A BIT ABOUT US - BUT YOU CAN SKIP TO THE FOOD SECTION IF YOU'RE SQUEEZED FOR TIME



Bonata is a Middle Eastern Mediterranean fusion grab and go concept that offers fresh and unique flavours from locally-sourced ingredients. We believe that fast food doesn't have to be unhealthy, and we're committed to providing fresh, delicious food that's made from high-quality, locally-sourced ingredients.



Our aim is to provide healthy meal options with no fried food, for the growing population of health-conscious customers and professionals working in the area. Our menu features a variety of options to suit every taste and dietary preference, including grain bowls, a build-your-own tray system with a variety of delicious base options, mains, sides, and sauces to choose from, and pita sandwiches. Customers can create their own meals by choosing from a range of fresh and healthy ingredients. We also serve breakfast pitas, grain bowls, salad trays, and more.



We aim to create a new model for Mediterranean cuisine that can be enjoyed and desired by the UK population of professional workers and the general public



BUT FIRST, OUR ALLERGEN ADVICE

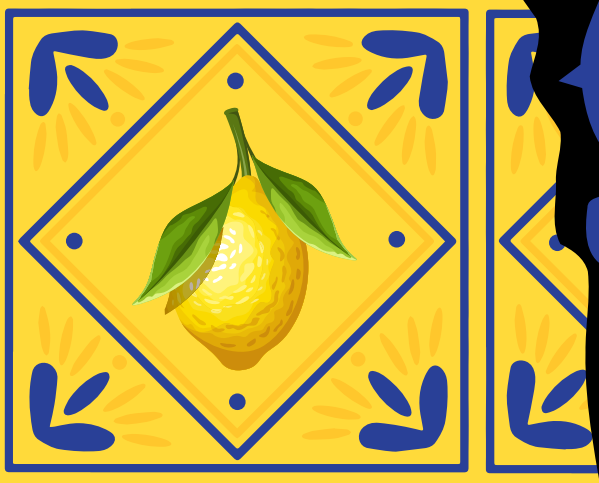
As much as we wish that everyone can try all our amazing healthy fresh food, we acknowledge that some of our ingredients might not be suitable for some people. There are allergens in our food. Please ask a member of staff before ordering, and please find below the list of allergens that are labelled in our menu:

- V** Suitable for Vegetarians
- Vg** Suitable for Vegans
- N** Contains Nuts
- S** Spicy
- D** Contains Dairy
- G** Contains Gluten
- F** Contains Fish
- Su** Contains Sulphites



PLEASE
CHECK
BEFORE YOU
EAT

OUR SHARING PLATTERS MENU



BASES

Feeds 8-10 people



V Vg



**ZESTY BROWN
RICE**

£15.00

V Vg G



**AROMATIC BULGUR
& CHICKPEAS**

£15.00

V Vg



**MIXED LEAVES
OR BABY SPINACH**

£15.00

MEATS

Feeds 8-10 people



D **G**



**OVEN BAKED
CRISPY CHICKEN**

£75.00

D



**HARISSA LEMON
CHICKEN THIGHS**

£75.00

F



**LEMON HERB
MEDITERRANEAN SALMON**

£90.00



**GOLDEN SPICED
KAFTA**

£75.00

VEGETABLES & SALADS

Feeds 8-10 people



D V



**PARMESAN
BROCCOLI**

£40.00

V Vg



**ROASTED COURGETTES
& CARROTS**

£40.00

V D N



**SPICY TAHINI
CAULIFLOWER**

£40.00

VEGETABLES & SALADS

Feeds 8-10 people



V Vg



FALAFEL

£40.00

V Vg



**SWEET
POTATOS**

£40.00

V D



**GREEK
SALAD**

£40.00

V D F



**CAESAR
SALAD**

£40.00

DIPS & DRESSINGS

Feeds 8-10 people



Vg



HUMMUS
+ EXTRA VIRGIN OLIVE OIL

£25.00

Vg



**SLICED
CARROT & CUCUMBER**

£10.00

V S D N



**DRESSINGS
SET**

£10.00

(CREAMY TAHINI SAUCE -
CONTAINS SESAME SEEDS, DAIRY;
SPICY HARISSA DRESSING;
BONATA'S SPECIAL DRESSING)

DESSERTS & DRINKS

Feeds 8-10 people



V Vg



FRUIT SALAD
(SEASONAL FRUITS)

£35.00

V D G



PASTRY & FRUITS
TRAY

£80.00

V Vg

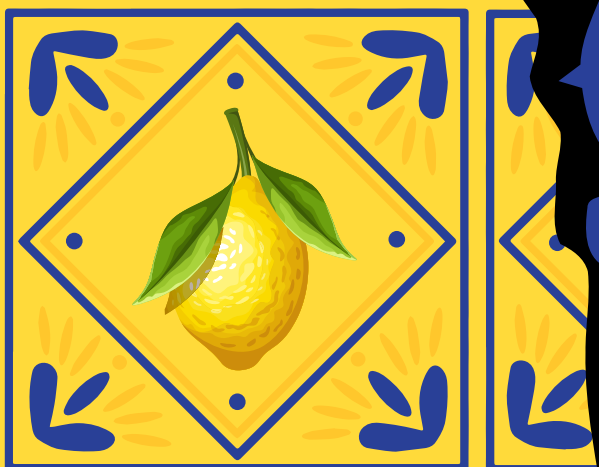


DRINKS

TBD

PLEASE ASK ABOUT OUR
AVAILABLE DRINKS AND PRICES

OUR SINGLE TRAYS MENU



VEGETARIAN TRAYS

Feeds 1 person only



Su

VEGAN MIX

£10.95

Courgettes & Carrot,
Brown rice, Rocket, Cherry
tomato, Sweet corn,
Chickpeas, Slice of lemon,
Spicy Harissa dressing.



Su

FALAFEL FRESH

£10.95

Falafel, Iceberg lettuce,
Red cabbage, Cherry
tomato, Cucumber,
Hummus, Beetroot, Slice
of lemon, Bonata sauce.



Su

D

FETA FUSION

£12.95

Harissa lemon chicken,
Brown rice, Feta cheese,
Spinach, Jalapeños,
Beetroot, Slice of lemon,
Tahini sauce.

SALMON/VEG TRAYS

Feeds 1 person only



F
Su

SALMON DELIGHT

£14.95

Mediterranean lemon herb
Salmon, Brown rice,
Spinach, Jalapeños,
Cabbage, Beetroots,
Cherry tomato, Slice of
lemon, Bonata dressing.



D
G
N
Su

TAHINI VEG

£10.95

Tahini cauliflower, Bulgur
and chickpeas, Rocket,
Cherry tomato, Kalamata
olives, Beetroots, Slice of
lemon, Tahini sauce.



D
Su

BROCCOLI BLISS

£10.95

Parmesan broccoli, Brown
rice, Red cabbage,
Cucumber, Jalapeños,
Butter beans, Slice of
lemon, Harissa sauce.

*Allergens in our food. Please ask a member of staff before ordering.

CHICKEN/MEAT TRAYS

Feeds 1 person only



Su
D
G

HARISSA CHICKEN

£12.95

Harissa lemon chicken, Bulgur and chickpeas, Rocket, Jalapeño, Hummus, Cherry tomato, Slice of lemon, Spicy Harissa sauce.



Su
D
G

PARMESAN CHICKEN

£12.95

Oven baked Parmesan crispy chicken, Lettuce, Avocado, Cherry tomato, Parmesan cheese, Sweet corn, Slice of lemon, Caesar dressing.



Su
D
G

BULGUR CHICKEN

£12.95

Oven baked Parmesan crispy chicken, Bulgur & chickpeas, Rocket, Kalamata Olives, Beetroot, Cherry tomato, Slice of lemon, Bonata dressing.



Su
D
G
N

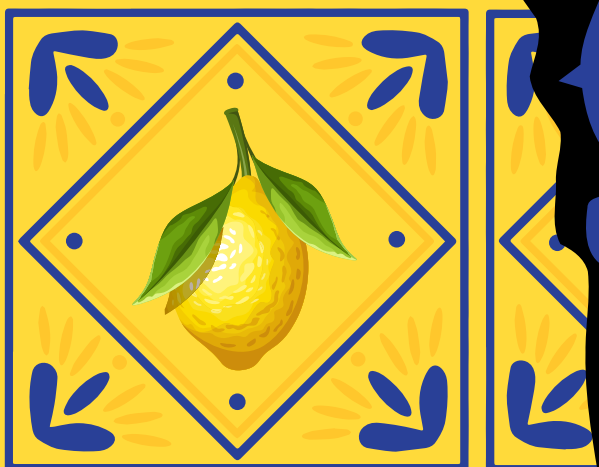
KAFTA KICK

£12.95

Spiced Kafta, Bulgur & chickpeas, Lettuce, Cherry tomato, Cucumber, Hummus, Slice of lemon, Tahini sauce.

*Allergens in our food. Please ask a member of staff before ordering.

OUR SHARING BREAKFAST MENU



BAKED BREAKFAST

Feeds 10-12 people



**CLASSIC
CROISSANT BOX**
£25.00



**PAIN AU RAISIN
BOX**
£28.00



**CHOCOLATE
CROISSANT BOX**
£30.00



**ALMOND
CROISSANT BOX**
£28.00

BAKED BREAKFAST

Feeds 10-12 people



V
G
D

**ASSORTED MUFFINS
BOX (BLUEBERRY &
CHOCOLATE)**

£35.00



V
G
N

**ZAATAR
CROISSANT BOX**

£32.00



V
G
D

**PAIN AU
CHOCOLATE BOX**

£30.00



V
G
D
N

**BONATA SIGNATURE
BREAKFAST BOX**

£80.00
(Croissants, muffins, fruits,
cheeses, and nuts)

BAKED BREAKFAST

Feeds 10-12 people



YOGHURT GRANOLA POTS BOX

£35.00

(Add Fresh Berries & Berry Sauce +£15)



PORRIDGE POTS BOX

£35.00

(Add raspberries/blueberries/ honey/ almond flakes +£15)



SMOKED SALMON CROISSANT BOX

£55.00

(smoked salmon, peppery rocket, and soft cheese)



CHEESE & TOMATO CROISSANT BOX

£50.00

(mozzarella cheese, ripe tomatoes, basil pesto, and a slice of avocado)

BAKED BREAKFAST

Feeds 10-12 people



V



EGG, SPINACH & AVOCADO BOX

£48.00

(Boiled eggs paired with fresh spinach and creamy avocado)

V Vg



FRUIT SALAD (SEASONAL FRUITS)

£35.00

V G D N



BISCUITS COLLECTION BOX

£25.00

V G D N



BOX OF HAPPINESS

£75.00

(Cannolis, brownies, biscuits, muffins, and a section of seasonal fruits)

HOW TO MAKE AN ORDER?



1

Call us or send
us an email
with your
order.



2

We'll get back
to you to
revise your
order with you
and confirm.



3

We receice
payment from
you



4

We prepare
your order
fresh to be
delivered



5

Delivery



6

You and your
team enjoying
your BONATA
lunch!

**EASY-PEASY!
LEMON SQUEEZY!**

CONTACT US



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BONATA